

Journal

***** The California Department of Consumer Affairs, Board of Psychology Newsletter *****

IN THIS ISSUE:

President's Message	1
Burnout and How to Tend to It	2
Beyond Compliance: Integrating Social Justice and Ethics Into Continuing Professional Development for a More Inclusive Practice.....	4
Health Professions Education Foundation Recipient Profile	5
Navigating Continuing Professional Development Requirements and the Auditing Process.....	6
Disciplinary Actions	8
Regulatory Update	10
Legislative Update	12
Board Members	16
2023 Meeting Calendar	16

President's Message



Lea Tate, Psy.D., President, Board of Psychology

Welcome to the winter newsletter!

The Board of Psychology has an upcoming strategic plan meeting scheduled for December 7 and 8, 2023. The meeting will be held in Burlingame, and we intend to spend two days focused on discussing and planning Board goals for the next five years.

This is an important meeting that occurs every five years for the Board.

The Board is recruiting psychologists who are interested in providing assistance as enforcement experts. This would require psychologists to provide case reviews and help determine if departures from the standard of care in complaints exist. Each expert term is for three years. For more information on the expert program, visit us on the web at https://www.psychology.ca.gov/forms_pubs/expertrev_app.pdf.

The continuing professional development (CPD) model consists of 15 continuing professional development activities under four different categories. There are various ways that you can earn (CPD) credit. You may attend board meetings and/or committee meetings, being an enforcement expert, or be an examination expert. We have experienced a large amount of participation in the board and committee meetings, and we love to see it! Thank you to everyone who has recently chosen to attend a meeting—we hope that you have learned more about how the Board of Psychology supports the profession.

Also, if you have ideas for future newsletters, please let us know! We are always looking for new topics to include in the quarterly newsletter. If you have an idea that you believe the Board should cover, please let us know by emailing us at bopmail@dca.ca.gov (subject line: Journal Article Idea).

I hope that your holiday season is full of thoughtfulness, kindness, and hope!

Warm regards,

Lea

www.psychology.ca.gov



www.facebook.com/BoardofPsychology



twitter.com/BDofPsychology
Twitter handle: @BDofPsychology



To verify a license: www.breeze.ca.gov

To update address of record or email address: www.breeze.ca.gov

Contact us: bopmail@dca.ca.gov

Sign up for our email list:
www.psychology.ca.gov





Burnout and How to Tend to It

By Shacunda Rodgers, Ph.D., Vice President, Board of Psychology



As we are all aware, the pandemic shed light on a phenomenon that we as psychologists knew all too well—that there was a growing mental health crisis across the country. According to a 2022 COVID-19 Practitioner Impact Survey conducted by the American Psychological Association:

“Six in 10 practitioners reported that they no longer have openings for new patients, nearly half (46%) said they have been unable to meet the demand for treatment, and nearly three-quarters (72%) have longer wait lists than before the pandemic. On average, psychologists reported being contacted by more than 15 potential new patients seeking care a month.

“Nearly 8 in 10 psychologists (79%) said that they had seen an increase in the number of patients with anxiety disorders since the beginning of the pandemic, and 66% saw an increase in demand for treatment for depression. Nearly half (47%) said they had seen an increase in demand for substance use treatment (up from 43% last year) and 64% saw an increase in demand for trauma treatment, (compared with 62% in 2021). Additionally, two-thirds of psychologists reported seeing an increase in the severity of symptoms among patients in 2022.”

Simply put, there is just not enough mental health support in our workforce to meet the ever-growing demand. What these results also indicate is that mental health practitioners are likely experiencing high levels of burnout as a consequence of trying to meet both the amount of need as well as the intensity of need with which clients present.

Burnout is described as having the following features: 1) exhaustion, 2) cynicism and detachment, and 3) feelings of ineffectiveness and/or lack of personal accomplishment. How can this show up for psychologists, in particular? When we are exhausted physically and/or emotionally, experience a degree of cynicism in our work, feel disconnected from the lived experience of those whom we are treating, or experience a lack of personal

or professional sense of worth in the work we do, this interferes not only with our capacity to provide the quality of care our clients need and deserve, but it also impedes our ability to care for ourselves in the ways we need.

Whether we call burnout something else like compassion fatigue, resilience fatigue, habituation, numbness, or desensitization, they all have roots in disconnection, detachment, and shutting down in some way, oftentimes because we have been working so hard to meet the pressing needs right before us. Doing so for extended periods without taking the time we need to tend to our needs leaves little in our own wells to nourish ourselves and leaves even less to give to others. We have now been in this cycle for over three years, and the toll it is and has taken is an important one. When we find ourselves in the land of burnout, how do we begin the process of repair and healing?

As always, the answer for me is mindful awareness. In practicing mindfulness, while it is definitely a wise idea to think about ourselves, it is also useful to consider the systems in which we are operating to examine the extent to which these might also be contributing to our burnout. Are these systems asking more of us than what we have capacity to provide? In today's world, we are often required to multitask, do more with less, and be as efficient with our time as possible, which comes at a great cost to our well-being. This rapid pace is simply unsustainable over the long haul. To that end, are there any small, yet meaningful ways to create change within our respective systems so that they might feel more nourishing, restorative, and replenishing? If not, then having some intentionality around our own self-care is where we begin our healing efforts. Below are a few reflections I'd like to offer on how to tend to ourselves:

- **Rest.** When we are overrun and overworked, it is important to reconnect with stillness in order to help reset the mind, heart, and spirit. This allows for settling to begin to happen, which creates the conditions for repair and healing to occur. Slowing down our pace purposefully and with intentionality creates an atmosphere of calm and sets the stage for getting back to our own natural rhythms, rather than the ones

(continued on page 3)



(continued from page 2)

set for us by the systems in which we are operating. A useful question to ask is, “What would promote a sense of ease here?” If you are unaccustomed to asking questions of yourself in this way, it may take some time for the answer to emerge. Patience and curiosity will be your friends as you create space for your wisdom to make itself known.

- **Return to the body.** As we rest, this allows us to reconnect with our bodies, and offers us the opportunity to be attentive to and care for our physical selves in ways that we may have been ignoring or delaying for some time. In burnout, we’ve often become disconnected from both our physical and emotional needs, so tending to our bodies can be a real gift to ourselves. Taking care of these vessels we inhabit could be as simple as increasing our water intake, going for a walk, or improving our sleep hygiene habits (such as turning off our phones 30 minutes earlier before going to bed). Or, even still, it might be scheduling that doctor’s appointment that we’ve been putting off. A question here might be, “What does my body need to truly feel well?” At the same time, it is important to note that this question may bring up layers of nuance for trauma survivors, and honoring whether or not even if asking this question is helpful is also a form of self-care. As we encourage our clients to have agency in their lives, we can also do this for ourselves in our own healing journeys.
- **Reconnect with nature.** I always say that the Earth gives us everything we need to exist: food to eat, air to breathe, water to drink, and land to live on. We can always draw from the wisdom of Mother Earth as a source of healing if we remember our interconnection with the planet and nature that exists all around us. Even for those of us who may live within the city, when was the last time we stopped to feel the gentle breeze on our skin, notice a spider web, hear a bird chirping, watch ants go to and fro, pay attention to a small shrub or a beautiful plant in our colleague’s office (if we’re back in physical spaces), or even notice a dandelion growing through cracks in the concrete? Perhaps we could wake up early to take in a sunrise, pause long enough to see the marvelous colors in the sky at sunset, watch the changing moon patterns over the

course of the month, or pay attention to the subtle shifts in weather patterns as we transition from one season to the next. In *Forest Bathing: How Trees Can Help You Find Health and Happiness*, Dr. Qing Li writes, “It is when we are filled with awe at the sight of nature that we begin to think about things outside ourselves. A sense of awe helps us to slow down and stop worrying. It transforms negative emotions into positive feelings. It gives us pause and brings us joy.” When we reconnect to the world around us, we can become reinvigorated by these beautiful expressions of beauty, awe, wonder, and joy that the world continuously offers us each day.

- **Return to the balance of compassion and equanimity.** In *The Kindness Handbook*, mindfulness and meditation teacher Sharon Salzberg writes:

“Whether you care for a young child, an aging parent, a rambunctious teenager, a client at work who feels helpless, any skillful relationship of caregiving relies on balance—the balance between opening one’s heart endlessly and accepting the limits of what one can do. The balance between compassion and equanimity. Compassion is the trembling or the quivering of the heart in response to suffering. Equanimity is a spacious stillness that can accept things as they are. The balance of compassion and equanimity allows us to care, and yet not get overwhelmed and unable to cope because of that caring.”

Here, I think Salzberg gives us an important reminder about the importance of balance so that we don’t tip the scales so far in the direction of compassion that it burns us out even further. May we generate compassion not only toward those for whom we are caring, but for ourselves as well. May we also remember that, as with all things, there are limitations, and that it is a gift of love to honor those limits and boundaries. Returning to the balance of compassion and equanimity is also how we can also steady ourselves inside systems that are not always as forgiving and flexible as we need them to be.

I hope these will be useful strategies as we continue this journey of meeting the mental health needs across this great state of ours. Please do take gentle care of yourselves and stay well until we connect again next time.



Beyond Compliance: Integrating Social Justice and Ethics Into Continuing Professional Development for a More Inclusive Practice

By Miguel Gallardo, Psy.D., Former Board Member, Board of Psychology, Professor and Program Director of Aliento, The Center for Latinx Communities Psychology Division, Graduate School of Education and Psychology

As people change, so does their culture. We have seen how good, well-intentioned people, including psychologists, can unintentionally violate others. Nowhere is this more relevant than in the areas of cultural diversity and social justice. In fact, many would argue that the need to continue to learn about the ever-evolving needs of culturally diverse communities is an ethical one. The dehumanization of diverse communities has always been present and continues today.

One of the principal roles the Board of Psychology prioritizes is protecting consumers of psychological services. Psychologists are consumers of mental health services as well. When we re-envisioned what continuing education requirements could look like, it was with the intent to provide licensees with a range of options to learn and to be active in their educational processes, all with the hope to advance the delivery of ethical services and with integrity. When we began these changes, it also presented us with an opportunity to support the continued development of licensees in the areas of cultural diversity and social justice. Topics of cultural diversity include differences in age, race, culture, ethnicity, nationality, immigration status, gender identity, sexual orientation, socioeconomic status, religion/spirituality, and physical ability. Social justice pertains to the historical, social, and political inequities in the treatment of people from non-dominant groups, while addressing the various injustices and different types of oppression that contribute to individual, family and community psychological concerns. This requirement can be met using any combination of continuing professional development (CPD) categories. The four hours are considered part of the 36-hour CPD requirement. While we understood that no one likes being told what to do, how much to do it, and how often to do it, we were faced with an ethical imperative, particularly here in the state of California: a diversity mecca.

I have been perplexed that, as advancements in the field of psychology evolve, there is a push to ensure that psychologists understand and are up to date with

those changes, some of which include evidenced-based treatments, trauma, mindfulness, psychological assessment, telehealth, and—more recently—artificial intelligence. Culture has never made this list, and often is left out of inclusion in many of the areas noted above; yet, we are always in culture as psychologists, as people, and those who we serve are embedded in cultural contexts that require intentional, and meaningful, engagement and understanding. We continue to teach students the rules before we teach them about human relationships. Those of us who were trained years ago know that many training models were ill-equipped in preparing us to do the work needed with those most vulnerable. Many would argue this is still prevalent today in our training institutions. It has improved in many ways, but as a Board we understood that the continued evolution of the human experience does not stop. Therefore, we made the decision to create a category that would allow licensees to meet a Cultural Diversity and Social Justice requirement, much like the ethical requirement that has been in place for years. We did not want to be prescriptive in our efforts and wanted licensees to choose how to meet this requirement, but also needed to ensure that these areas remain at the forefront in order to best deliver ethical, humanizing, and relevant mental health services to consumers in California.

Meeting these requirements is easy. With our new CPD Guidelines, there are a multitude of ways to meet the Cultural Diversity and Social Justice requirement. For those who are still transitioning to the new requirements and thinking about how to incorporate those, attending the California Psychological Association, American Psychological Association, or other conference that offers sponsored continuing education (CE), and attending a three-hour presentation related to Cultural Diversity and Social Justice meets three of the four hours required in each license renewal period. A licensee could gain the additional hour by peer consultation with other colleagues about providing services to diverse consumers of mental health services. Consulting is part of our ethical obligation, and many of us do this all the time. If you do

(continued on page 5)



(CONTINUED FROM PAGE 4)

consult, a minimum of one hour needs to be recorded to count. Additionally, one full-day, sponsored CE course on Cultural Diversity and Social Justice would also meet this requirement. I have seen an increase of entities offering more Cultural Diversity and Social Justice options, so finding a course should be easy.

For those who teach, teaching a Cultural Diversity and Social Justice class or publishing a peer-reviewed article, book, book chapter, or editing a book in these areas all count. Supervising students who are working with culturally diverse communities also meets this requirement. Finally, self-directed learning would also count, such as reading peer-review journal articles or books, watching videos or webcasts, or listening to

podcasts, all focused on the areas of Cultural Diversity and Social Justice as defined above. This is not an exhaustive list, so please be sure to visit the Reporting Form provided by the Board. Of most import, document and detail everything you do in the event that you are audited, and make sure your Reporting Form is clear and detailed so that no one is guessing what you did and what counts.

Let's continue to affirm the humanity of all our students, our colleagues, and—most importantly—those whom we serve. They are counting on us, and there is no better professional to meet the needs of those most in need than psychologists.

Health Professions Education Foundation Recipient Profile

My name is Armine Stepanyan Zambre. I am working at Los Angeles County Department of Mental Health (LACDMG). I work for the Full-Service Partnership Program that provides intensive, field-based mental health services to the community. I am humbled to have the opportunity to provide services to clients who are enrolled in this program, and I am pleased to be able to provide clinical and case management services in intensive mental health services not only to the English-speaking consumers, but also to extend the services to Russian- and Armenian-speaking consumers. For many years, I worked with LACDMH outpatient clinic as a psychiatric social worker/licensed clinical social worker. After earning my Ph.D. in psychology, I continued serving Los Angeles community as a clinical psychologist. I was awarded the loan repayment award to use toward my student loan in 2020–2021 and 2022–2023.

My personal background consists of different life experiences and culture. I was born in Armenia and raised in Russia. I lived in India and, while working for the United Nations and other humanitarian agencies, I had the opportunity to live and work in different parts of the world. My passion has always been to reach out to people in need and, hence, I first chose the field of social work, then the field of psychology. I was fortunate to be trained professionally as a clinician and be equipped with knowledge and skills, which makes me uniquely positioned to integrate the training and experience acquired in serving

humankind. I can relate my commitment to bring my passion and skills that I developed throughout the years within the social work/psychology professions to help enhance the overall quality of the life of the undeserved and disadvantaged consumers. I am dedicated to my belief of helping many in times of difficulty and need.

With the financial support that the award provided, I was able to focus less on financial difficulties. I am committed to my service of giving back to community.

Mental health is an essential component of overall health and well-being. I frequently interact with individuals from a variety of social and cultural backgrounds. Evidence-based prevention and early-intervention techniques can reduce both the incidence of mental health conditions and can improve overall functioning. Individuals are at risk of the harmful effects of mental issues so, to build and maintain well-being, it is important to develop protective factors that will strengthen resilience to stress, as well as to reduce risk factors by minimizing stressful circumstances.

The award helped me to decrease my student loan amount. I am thankful for the chance, because it served a great deal in my family's financial situation.

I would like to extend my gratitude to the program that helps mental health clinicians.



Navigating Continuing Professional Development Requirements and the Auditing Process

By Liezel McCockran, Continuing Education/Continuing Professional Development and Renewals Coordinator

In the ever-evolving landscape of professional development, staying current and enhancing one's skills is crucial in maintaining professional standards. For many professions, CPD requirements serve as a cornerstone in ensuring practitioners remain up to date and competent. In this newsletter article, we'll delve into the importance of CPD, explore the new requirements, and provide insights on what to expect if you are selected for a CPD audit.

CPD is vital for ensuring that psychologists maintain competence, stay current, and adhere to ethical standards. These requirements promote lifelong learning, protect the public by upholding consistent professional standards, and encourage evidence-based practices. Ultimately, they play a crucial role in fostering professional growth, transparency, and the delivery of high-quality psychological services.

New CPD Requirements

CPD is a broader concept, referring to the continuing development of the multifaceted abilities needed for quality professional performance in one's area of practice. This model consists of 15 continuing professional development activities grouped under four different categories. This change does not affect the required 36 hours required for renewal. Licenses that expire between January 1, 2023 and December 31, 2023 can be renewed by completing either traditional CE or CPD:

- **Required CPD hours.** CPD requirements have been restructured into 15 activities grouped into four categories, with specific hour requirements. These include:
 - » **Laws and Ethics.** A minimum of four hours of training in the subject of Laws and Ethics, as they apply to the practice of psychology in California for each renewal period. This includes recent changes or updates on the laws and regulations related to the practice of psychology; recent changes or updates in the Ethical Principles of Psychologists and Code of Conduct published by the American Psychological Association; accepted standards of practice; and other applications of laws and ethics as they affect the licensee's ability to practice psychology safely. This requirement can be met using any combination of CPD categories. The four hours are considered part of the 36-hour CPD requirement.
 - » **Cultural Diversity and/or Social Justice:** An additional four hours are required in Cultural Diversity and/or Social Justice, promoting inclusivity and awareness of social issues. **Cultural Diversity** pertains to differences in age, race, culture, ethnicity, nationality, immigration status, gender identity, sexual orientation, socioeconomic status, religion/spirituality, and physical ability. **Social Justice** pertains to the historical, social, and political inequities in the treatment of people from nondominant groups, while addressing the various injustices and different types of oppression that contribute to individual, family, and community psychological concerns. This requirement can be met using any combination of CPD categories. The four hours are considered part of the 36-hour CPD requirement.
- **Emphasis on reflective practice.** Many CPD activities now require participants to engage in reflective practice, where they assess their learning experiences and apply newfound knowledge to their professional roles.
- **Diverse learning formats.** CPD programs increasingly encourage professionals to diversify their learning experiences, incorporating peer learning, supervision, and volunteer opportunities alongside traditional coursework.

(continued on page 7)



(CONTINUED FROM PAGE 6)

For more detailed information on CPD requirements, visit the Board's website at https://psychology.ca.gov/licensees/ce_faqs.shtml.

The CPD Audit Process

CPD audits are a means of ensuring compliance with CPD requirements and maintaining professional standards. If you are selected for a CPD audit, here's what you can expect

- **Notification.** You will receive a notification from the Board via email and U.S. Postal Service mail informing you that you have been selected for an audit. This notification will outline the specific requirements and deadlines for submission.
- **Documentation submission.** You will need to provide evidence of your completed CPD activities during the audit period within 60 days of receiving the notification.
- **Review and evaluation.** Your submitted documentation will be reviewed to assess whether you have met the CPD requirements.
- **Feedback and compliance.** Based on the audit results, you will receive feedback on your CPD submissions. If you meet the requirements, your license will continue to be in good standing. In cases of noncompliance, you may be required to make up any deficiencies and it may result in citation and fine or formal discipline.

The Board of Psychology has a clear vision and mission that guides its work in the field of psychology. The Board's vision is to have a healthy California where our diverse communities enjoy the benefits of the highest standards of psychological practice. The mission is to protect consumers of psychological services by licensing psychologists, regulating the practice of psychology, and supporting the evolution of the profession.

Continuing professional development is a vital component of professional growth and maintaining competence in your field. As CPD requirements evolve to adapt to changing industry landscapes, professionals must stay informed and committed to fulfilling these obligations. In the event of a CPD audit, it's essential to approach the process with diligence and transparency, ensuring that you meet the requirements and continue to thrive in your profession. Remember, CPD is not just a requirement; it's also an opportunity to enhance your knowledge, skills, and abilities as a licensee. For detailed information on CPD requirements and to learn more about the vision and mission of the Board of Psychology, be sure to visit the Board's website: www.psychology.ca.gov.





Explanation of Disciplinary Language and Actions

Gross negligence: An extreme departure from the standard of care.

Incompetence: Lack of knowledge or skills in discharging professional obligations.

Public letter of reproof: Formal discipline that consists of a reprimand of a licensee that is a matter of public record for conduct in violation of the law.

Accusation: A formal, written statement of charges.

Stipulated settlement of decision: The case is formally negotiated and settled prior to hearing.

Surrender: To resolve a disciplinary action, the licensee has given up his or her license, subject to acceptance by the Board of Psychology.

Suspension from practice: The licensee is prohibited from practicing or offering to provide psychological services during the term of suspension.

Revoked: The right to practice has ended due to disciplinary action.

Revocation stayed, probation with terms and conditions: “Stayed” means the revocation is postponed. Professional practice may continue so long as the licensee complies with specific probationary terms and conditions. Violation of any term of probation may result in the revocation that was postponed.





Administrative Citations:

July 1, 2023 to September 30, 2023

Sara Nasserzadeh, Ph.D.
Unlicensed, Los Angeles

On July 10, 2023, the Board issued a citation containing an order of abatement and fine in the amount of \$2,500 to Sara Nasserzadeh, PhD for engaging in the unlicensed practice of psychology when Respondent identified as a Clinician with a subspecialty in psychosexual therapy that involves the application of psychological principles procedures and methods of understanding, predicting, and influencing human behavior.

Lechelle Brueggeman
Unlicensed, Los Angeles

On August 29, 2023, the Board issued a citation containing an order of abatement and fine in the amount of \$2,500 to Lechelle Brueggeman for engaging in the unlicensed practice of psychology when Respondent failed to have a Board-issued registration to be supervised prior to providing psychological services which would require a license, and not providing the services as an intern at an approved internship site.

Graham Hill
Unlicensed, Cathedral City

On August 29, 2023, the Board issued a citation containing an order of abatement and fine in the amount of \$2,500 to Graham Hill for engaging in the unlicensed practice of psychology when Respondent failed to provide services addressing emotional suffering and relationship difficulties using the tools of a psychotherapist and/or an analytical psychotherapist. The methods and approach used by the Respondent fall under the definition of the practice of psychology.

Disciplinary Actions:

July 1, 2023 to September 30, 2023

SURRENDER

Vincent Shanks, Ph.D.
Registered Psychological Associate
License No. PSY 94020884, Temecula

Dr. Shanks stipulated to the surrender of Registered Psychological Associate License No. 94020884 after the Board filed an Accusation, which alleged Respondent was convicted of violating Penal Code section 243.4, subdivision (c), sexual battery by fraudulent misrepresentation, a felony, for his sexual abuse of a Client. Dr. Shanks also engaged in Gross and Repeated Negligence by failing to have a client sign an informed consent document for unsupported treatment, Further, failing to explain the lack of scientific support for the treatment used, or offering evidence-based alternative treatments. Encouraged a client to delay and/or forgo other medical interventions on several occasions, despite not being properly educated or trained on cancer and its risks. Respondent violated confidentiality by allowing another patient to attend and participate in a client's session without their consent. The Decision and Order took effect on September 8, 2023.

PROBATION

Jeffrey J. Schmidt, Ph.D.
Psychologist License No. PSY 20539, San Diego

Dr. Schmidt stipulated to placing Psychologist License No. 8040 on probation for four (4) years, subject to its revocation if Respondent fails to comply with the terms and conditions of probation, after the Board filed an Accusation, which alleged Respondent engaged in dangerous use of alcohol, conviction of a crime, and gross negligence by failing to create and maintain appropriate clinical records and documentation of treatment and failed to adequately obtain and document informed consent. In addition, Respondent engaged in repeated acts of negligence by failing to establish a plan for the transfer of his patient records in the event of illness, death, or another unforeseen incapacity. The Decision and Order took effect on August 25, 2023

(continued on page 10)



(CONTINUED FROM PAGE 9)

Arlene M. Altobelli, Ph.D.

Psychologist License No. PSY 17584, Santa Maria

Dr. Altobelli stipulated to placing Psychologist License No. 17584 on probation for five (5) years, subject to its revocation if Respondent fails to comply with the terms and conditions of probation after the Board filed an Accusation, which alleged Respondent engaged in Sexual Harassment and harm and exploitation of a Supervisee. The Decision and Order took effect on August 31, 2023.

PUBLIC REPROVAL

Svetlana G. Ravinovich, Psy.D.

Psychologist License No. PSY 24318, Granada Hills

Dr. Ravinovich stipulated to the issuance of a public letter of reproof against Psychologist License No. 26446, with cost recovery and coursework terms, after the Board filed an Accusation, which alleged Respondent's violation of Psychology Licensing Laws and aiding and abetting by allowing her psychological assistant to continue to practice psychology past the 72-month limitation. The Decision and Order took effect on August 25, 2023.

Regulatory Update

The following are the Board's pending regulatory changes and their status in the formal rulemaking process.

Section 100 Change

Updated 16 CCR section 1397.37 (Shares—Ownership and Transfer) and 16 CCR section 1397.39 (Corporate Activities) for grammar and punctuation, approved and effective January 19, 2023.

Title 16, CCR Sections 1391.1, 1391.2, 1391.5, 1391.6, 1391.8, 1391.10, 1391.11, 1391.12, 1392.1—Psychological Associates

Status: This package was published in the Office of Administrative Law (OAL) Notice Register on June 17, 2022, beginning the 45-day public comment period that ended on August 2, 2022. On September 14, 2022, the Board noticed this package for a 15-day public comment period ending September 30, 2022, due a change in the underlying data. The Board reviewed and approved this package at the November 2022 Board meeting. This package was filed with OAL on December 12, 2022. Based on feedback from OAL, the package was withdrawn from OAL on January 25, 2023 to modify the forms. The modified text and modified forms were presented at the February 2-3, 2023 meeting for Board approval, the Board approved, and the modified text was sent out for a 15-day public comment period from February 9th to February 27, 2023. On March 3, 2023, the package was resubmitted to OAL. On April 17, 2023, OAL approved the regulation package, which became effective on July 1, 2023.

This regulatory package does the following:

Conforms the existing regulations to statutory changes made by the passage of SB 1193 (Hill) (Chapter 484, Statutes of 2016) and SB 801 (Archuleta, 647, Statutes of 2021). SB 801, effective January 1, 2022, removed the title "psychological assistant" and replaced it with "registered psychological associate." SB 1193 created a single registration with the Board of Psychology, independent from supervisor(s) or employer(s). This regulatory package updates the registration process and clarifies the existing statutory psychological associate registration fee.

(continued on page 11)



(CONTINUED FROM PAGE 10)

Title 16, CCR Sections 1391.13 and 1391.14—Inactive Psychological Associate Registration and Reactivating a Psychological Associate Registration

Status: This package is in the Production Stage. Revised proposed regulatory language was adopted at the May 19, 2023 Board Meeting. At the August 18, 2023 Board Meeting, the Board resolved additional issues regarding the inactive timeframe and voted to adopt the proposed regulatory language as amended. Staff is working with the DCA Budget Office to estimate the fiscal impact of this rulemaking, and once those calculations are complete and approved, Board Regulations Counsel will submit the regulation package for review by the California Department of Consumer Affairs (DCA) director and the Business, Consumer Services and Housing Agency. Once the director and Agency have approved, the rulemaking will be filed with Office of Administrative Law (OAL) for notice publication.

This regulatory package does the following:

Allows a psychological associate to request that the Board place their active registration in an inactive status. In addition, the proposed regulations would allow the Board to place the registration in an inactive status when the registrant has no primary supervisor. While the registration is in an inactive status, it will stop the time counting towards the cumulative total of six years registration limitation. The Board is also proposing the adoption of the process for reactivating an inactive psychological associate registration.

Title 16, CCR Section 1395.2—Disciplinary Guidelines and Uniform Standards Related to Substance-Abusing Licensees

Status: Production Phase. Review of the proposed regulatory language at the May 19, 2023 Board Meeting was postponed to the August 18, 2023 Board Meeting. At the August 18, 2023 Board Meeting, the Board voted to adopt the proposed regulatory language and staff is preparing the initial submission documents for DCA and Agency review before filing with OAL for notice publication.

This regulatory package does the following:

Updates the Board's disciplinary guidelines including conforming changes required by the passage of AB 2138, the Board's new regulations regarding criminal convictions and substantial relationship criteria, and DCA's Uniform Standards for Substance Abusing Licensees.

Title 16, CCR Sections 1380.3, 1381, 1381.1, 1381.2, 1381.4, 1381.5, 1382, 1382.3, 1382.4, 1382.5, 1386, 1387, 1387.1, 1387.2, 1387.3, 1387.4, 1387.5, 1387.6, 1387.10, 1388, 1388.6, 1389, 1389.1, 1391, 1391.1, 1391.3, 1391.4, 1391.5, 1391.6, 1391.8, 1391.11, and 1391.12—Pathways to Licensure

Status: Drafting Phase. This phase includes preparation of the regulatory package and collaborative reviews by Board staff and legal counsel.

This regulatory package does the following:

Streamlines the licensing process and removes unnecessary barriers for applicants and the supervisors who support their training.

(continued on page 12)



(CONTINUED FROM PAGE 11)

Title 16, CCR Sections 1380.6, 1393, 1396, 1396.1, 1396.2, 1396.4, 1396.5, 1397, 1397.1, 1397.2, 1397.35, 1397.37, 1397.39, 1397.50, 1397.51, 1397.52, 1397.53, 1397.54, 1397.55—Enforcement Provisions

Status: Drafting Phase. This phase includes preparation of the regulatory package and collaborative reviews by Board staff and legal counsel.

This regulatory package does the following:

This regulatory package would update the Board's enforcement provisions.

Title 16, CCR Sections 1397.35–1397.40—Corporations

Status: Drafting Phase. This phase includes preparation of the regulatory package and collaborative reviews by Board staff and legal counsel.

This regulatory package does the following:

This regulatory package would update the Board's requirements for professional corporations provisions.

Title 16, CCR Sections 1381, 1387, 1387.10, 1388, 1388.6, 1389, and 1389.1—EPPP-2

Status: Drafting Phase. This phase includes preparation of the regulatory package and collaborative reviews by Board staff and legal counsel. On May 19, 2023, the Board approved the statutory and regulatory changes that would implement the Examination for Professional Practice in Psychology (EPPP) Part 2 Skills Exam, effective January 1, 2026.

This regulatory package does the following:

This regulatory package updates the statutory and regulatory sections needed to implement the EPPP-2.

Legislative Update

AB 282 (Aguiar-Curry) Psychologist: Licensure

This bill would revise section 2914 of the Business and Professions Code (BPC) by adding language to allow applicants seeking licensure to be eligible to take the required licensure exams, which include the Examination for Professional Practice in Psychology (EPPP) and the California Psychology Law and Ethics Examination (CPLEE), at any time after all academic coursework required for a qualifying doctoral degree is completed. In addition, the bill would require the Board of Psychology to revise CCR 1388 and CCR 1388(c) to remove the requirements of completing the qualified supervised professional experience (SPE) hours to be eligible to take the licensure exams. This bill also requires the Board to implement a process to verify any additional eligibility requirements implemented by a national licensing examination entity.

The bill was signed by the governor on October 8, 2023 and becomes effective January 1, 2024.

Board Position: Support

To view the text of the bill, click here:

[AB 282 Psychologist: Licensure](#)

AB 665 (Aguiar-Curry) Psychologist: Licensure

This bill would allow a minor who is 12 years of age or older to consent to mental health treatment or counseling on an outpatient basis, or to residential shelter services, if the minor is mature enough to participate intelligently in the outpatient services or residential shelter services, and without having to present a danger of serious physical or mental harm to themselves or to others, or if the minor is the alleged victim of incest or child abuse. The bill would align the existing laws by removing the additional requirement that, to consent to mental health treatment or counseling on an outpatient basis, or to residential shelter services, the minor must present a danger of serious physical or mental harm to themselves or to others or be the alleged victim of incest or child abuse.

(continued on page 13)



(CONTINUED FROM PAGE 12)

The bill was signed by the governor on October 7, 2023 and becomes effective January 1, 2024.

Board Position: Support

To view the text of the bill, click here:

[AB 665 Minors: Consent to Mental Health Services](#)

AB 883 (Mathis) Business License: U.S. Department of Defense SkillBridge Program

This bill would require boards under the California Department of Consumer Affairs expedite the initial licensure process for an applicant who supplies satisfactory evidence to the board that the applicant is enrolled in the U.S. Department of Defense SkillBridge program.

The bill was signed by the governor on October 7, 2023 and becomes effective January 1, 2024.

Board Position: Support

To view the text of the bill, click here:

[AB 883 Business License U.S. Department of Defense SkillBridge Program](#)

AB 996 (Low) California Department of Consumer Affairs: Continuing Education: Conflict-of-Interest Policy

This bill would require boards under the California Department of Consumer Affairs develop and maintain a conflict-of-interest policy that would discourage the qualification of any continuing education course if the provider of that course has an economic interest in a commercial product or enterprise directly or indirectly promoted in that course.

This bill has been ordered to the inactive file on August 17, 2023.

Board Position: Oppose

To view the text of the bill, click here:

[AB 996 DCA conflict-of-interest](#)

SB 331 (Rubio) Child Custody: Child and Abuse and Safety

This bill would establish Piqui's Law, the Safe Child Act, which would prohibit a court from ordering family reunification treatments in a custody or visitation dispute, which includes any counseling, treatment, program, or service, including reunification or reconnection therapy, workshops, classes, and camps, intended to reunite, reestablish, or repair a relationship between a child and the parent seeking custody or visitation that is predicated on cutting the child off from, or restricting the contact with the primary custodial parent, provided that the primary custodial parent is not physically or sexually abusive or neglectful of the child to a degree that places the child at substantial risk of serious harm. Neglect does not include circumstances due solely to the parent's financial difficulty, and limits when a court may order counseling with a parent with whom the child has a damaged relationship. The court may not order counseling unless there is generally accepted and scientifically valid proof of the safety, effectiveness, and therapeutic value of the counseling. Additionally, it would require judges involved in child custody proceedings to report to the Judicial Council, and the Judicial Council to report to the Legislature, on their trainings in the area of domestic violence; and modifies the training programs that Judicial Council must establish for individuals who perform duties in family law members. Further, provides that a person is qualified to testify as an expert in a child custody proceeding in which a parent has been alleged to have committed domestic violence or child abuse, including child sexual abuse, if the person has special knowledge, skills, experience, training, or education sufficient to qualify them as an expert on the subject to which their testimony relates.

The bill was signed by the governor on October 13, 2023 and becomes effective January 1, 2024.

Board Position: Support

To view the text of the bill, click here:

[SB 331 Child Custody: Child Abuse and Safety](#)

(continued on page 14)



(CONTINUED FROM PAGE 13)

SB 372 (Menjivar) California Department of Consumer Affairs: License and Registrant Records: Name and Gender Changes

This bill would require boards under the California Department of Consumer Affairs to update licensee or registrant records, such as an online license verification system, if the licensee or registrant provides government-issued documentation for a legal name or gender change. In addition, the bill requires the boards to provide confidential services to remove former name or gender from records, and to provide a process for people to request and obtain the information. Lastly, the bill prohibits boards from charging higher fees to reissue documents with a corrected or updated legal name or gender than those with other corrections or updates.

The bill was signed by the governor on September 23, 2023 and becomes effective January 1, 2024.

Board Position: Support

To view the text of the bill, click here:

[SB 372 DCA: License and Registrant Records: Name and Gender Changes](#)

SB 544 (Laird) Bagley-Keene Open Meeting Act: Teleconferencing

This bill would amend existing law that will remain operative after July 1, 2023, which would allow state bodies to hold public meetings through teleconferencing, with specified notice and accessibility requirements. The public would have to be given the teleconference number, website, or other online platform to access the meeting, and at least one member of the state body must be present at the specified location. It also specifies that members of the public can address the state body without having to submit public comments prior to the meeting. Additionally, the bill provides access for people with disabilities and requires state bodies to disclose if any other individuals 18 years of age or older are present at the remote location of the meeting.

The bill was signed by the governor on September 22, 2023 and becomes effective January 1, 2024.

Board Position: Support if Amended

To view the text of the bill, click here:

[SB 544 Bagley-Keene Open Meeting Act: Teleconferencing](#)

SB 805 (Portantino) Health Care Coverage: Pervasive Developmental Disorders or Autism

This bill would expand the criteria for a Qualified Autism Service professional to include a behavioral health professional, a psychology associate, an associate marriage and family therapist, an associate clinical social worker, or an associate professional clinical counselor, as defined and regulated by the Board of Behavioral Sciences or the Board of Psychology.

The bill was signed by the governor on October 8, 2023 and becomes effective January 1, 2024.

Board Position: Support

To view the text of the bill, click here:

[SB 805 Health Care Coverage: Pervasive Developmental Disorders or Autism](#)

SB 815 (Roth) Healing Arts

This bill would make various changes to the Medical Board of California (MBC) by the Legislature through the Sunset Process. Section 10 of the bill would transfer the registration, regulations, and enforcement of research psychoanalysts from the MBC to the Board of Psychology. The bill would transfer funds collected from the licensing and regulation of research psychoanalysts to the Board of Psychology.

The bill was signed by the governor on September 30, 2023 and becomes effective January 1, 2024. The transfer of research psychoanalysts becomes effective January 1, 2025.

Board Position: Support

To view the text of the bill, click here:

[SB 815 Healing Arts](#)

(continued on page 15)



(CONTINUED FROM PAGE 14)

SB 816 (Roth) Professions and Vocations

This bill would make various changes by the Legislature through the Sunset Process. This bill amends Business and Professions Code 2987 to include the Board's proposed fee increases related to licensure, registrations, and renewals.

The bill was signed by the governor on October 10, 2023 and becomes effective January 1, 2024.

Board Position: Support

To view the text of the bill, click here:
[SB 816 Professions and Vocations](#)

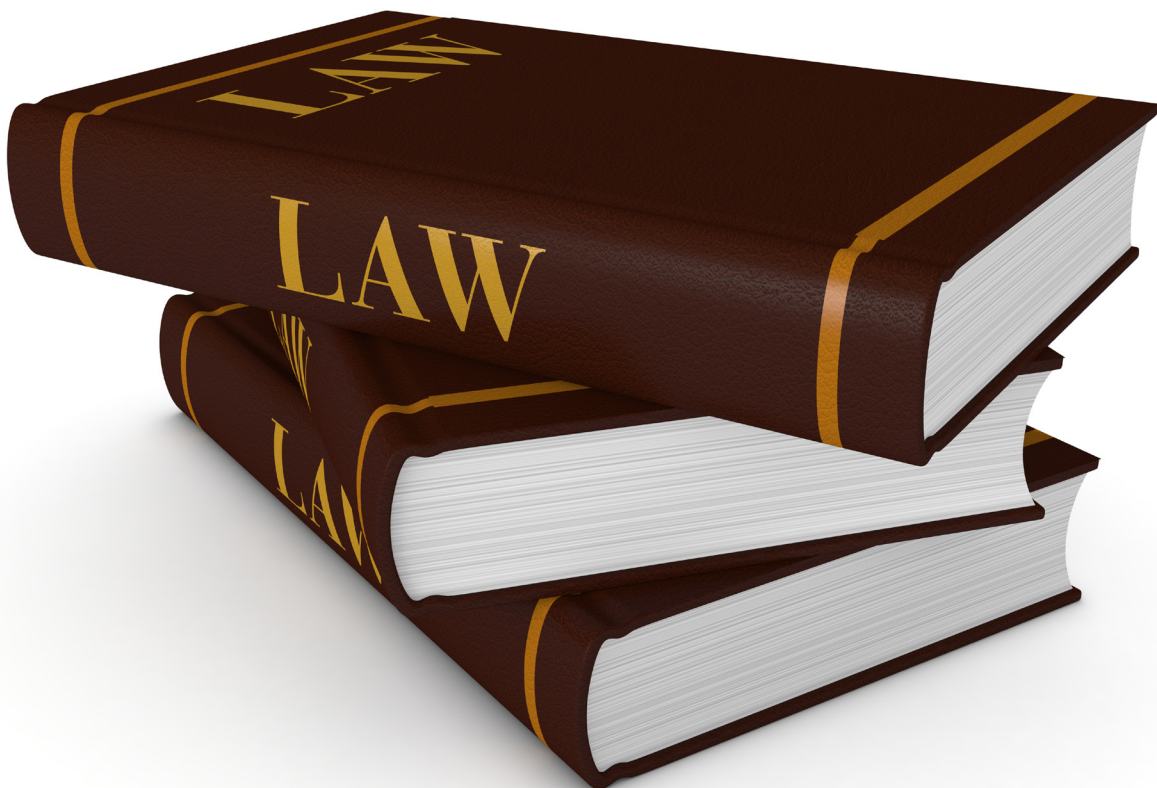
SB 887 Consumer Affairs

This bill included the language that would streamline the application process to allow verification following review of a transcript that clearly indicated in the course title that the specified coursework had been completed. Additionally, this bill would allow the department chair to act as an additional entity who could provide written certification for convenience for applicants, in cases where the course title did not adequately indicate the coursework completed.

The bill was signed by the governor on October 8, 2023 and becomes effective January 1, 2024.

Board Position: Support

To view the text of the bill, click here:
[SB 887 Consumer Affairs](#)





Board Members

Lea Tate, Psy.D. (President)
Shacunda Rodgers, Ph.D. (Vice President)
Sheryll Casuga, Psy.D., CMPC
Marisela Cervantes, Ed.D., MPA
Seyron Foo
Mary Harb Sheets, Ph.D.
Julie Nystrom
Stephen Phillips, J.D., Psy.D.
Ana Rescate

2023 Meeting Calendar

STRATEGIC PLANNING
December 7–8, 2023

