

MEMORANDUM

DATE	October 27, 2017
TO	Board Members
FROM	<i>Stephanie Cheung</i> Stephanie Cheung Licensing Manager
SUBJECT	Agenda Item 17(c) – PSB #3 Consideration of Licensing Committee Recommendations Regarding an Extension to the 30-consecutive Month Limitation to Accrue 1500 Hours of Post-doctoral Supervised Professional Experience Pursuant to Section 1387(a) of Title 16 of the California Code of Regulations

Background:

California Code of Regulations, Title 16, section 1387 provides in part:

(a) Pursuant to section 2914(c) of the code, two years of qualifying SPE shall be completed and documented prior to licensure. One year of SPE shall be defined as 1500 hours. At least one year of SPE shall be completed postdoctorally. Each year of SPE shall be completed within a thirty (30) consecutive month period. If both years of SPE (3000 hours) are completed postdoctorally, they shall be completed within a sixty (60) month period. Upon showing of good cause as determined by the board, these specified time limitations may be reasonably modified.

Psychological Assistant (PSB) #3 – Request for a Seven-month Extension to the 30-Consecutive Month Limitation to Accrue Post-Doctoral Supervised Professional Experience (SPE)

PSB #3 was credited a total of 2,440 hours of SPE. The breakdown of the total hours of SPE is as follows:

- 1,389 hours of pre-doctoral SPE accrued from May 4, 2010 to February 10, 2012; and
- 1,051 hours of post-doctoral SPE accrued from March 11, 2015 to December 18, 2015

Pursuant to the time limitation in accruing SPE set forth by section 1387(a) of the CCR, PSB #3 is required to complete the remaining 560 hours of post-doctoral SPE by September 11, 2017. PSB #3 is requesting an extension to accrue post-doctoral SPE due to personal hardship, life stress, and depression, which has prevented PSB #3 from completing the remaining post-doctoral SPE within the time limitation. PSB #3 plans to complete the SPE requirements and apply for licensure.

Attachments:

- A: Letter of Request
- B: Letters of Support

Action Requested:

Review and consider Licensing Committee's recommendation to grant the extension request to the 30-consecutive month limitation to accrue post-doctoral SPE.

From: [REDACTED]
To: [Cheung, Stephanie@DCA](mailto:Cheung.Stephanie@DCA)
Subject: Extension of internship limit
Date: Monday, August 28, 2017 1:35:58 PM

Hi Stephanie,

Hope this finds you well. I am writing to request an extension for up to April 2018 to be able to finish my hours. I was enrolled in an internship (Pacific Pain Institute, San Leandro with [REDACTED]) in 2015 which was supposed to give me all my hours towards my licensure. I moved from New York state to the Bay area for this same reason. But unfortunately owing to circumstances described in [REDACTED] letter the internship and the hours could not come to fruition. Since then it has taken me time to find other internships towards the completion. Private practice internship take time to build up clientele and it is a process.

Here is a also a little background for you. I have been struggling to find my footing between 2012 and 2015 owing to my divorce from a nearly 2 decades of marriage, at times I have been close to being homeless and lived with family and friends in India and at other times with family on the East coast. I have been a housewife/volunteer nearly all my adult life , needless to say the divorce was the most traumatic event of my life, which plunged me into a sever depression. When I got the internship at Pacific Pain Institute, I moved from New York state to California only for the purposes of the internship , enduring severe hardship in the process, only to find that it ended before I could get all my hours and for no fault of mine. It took me many months to find another internship again.

I am very close to completion but will not be able to get all the hours by the stipulated board deadline. I sincerely request that I be given more time to finish the rest of my hours.

Thanking you,

Sincerely,

[REDACTED]

This message is private and confidential. If you have received it in error, please notify the sender and remove it from your system.

[REDACTED]

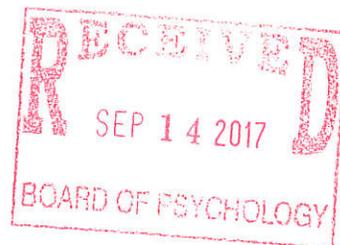
[REDACTED]

[REDACTED]

[REDACTED]

CONFIDENTIAL

NAME: [REDACTED]
DATE: September 11, 2017
RE: Extension of Post-Doctoral Supervision Hours



Board of Psychology
1625 North Market Blvd., Suite N-215
Sacramento, CA 95834

Dear Board of Psychology Members,

At the request of my patient, [REDACTED], I am writing to support her application for extension of time to obtain supervision hours. I originally met [REDACTED] in 2012 when she attended a group for family members impacted by Attention Deficit Hyperactivity Disorder. [REDACTED] was a very outgoing and sincere group member, who participated fully in the group activities. On August 8, 2017 [REDACTED] began psychotherapy with me on an individual basis.

[REDACTED] reported that her delay in completing her supervision hour was due to a cascade of unfortunate circumstances. She struggled through a traumatic divorce that left her isolated and further traumatized by social rejections from her ethnic community.

She moved to New York to stay close to family and found a paid internship. However, the promise of the internship was disappointing and combined with feelings of isolation, grief and depression she ultimately sacrificed her internship and returned to California.

She found another internship in California and began accumulating hours. For personal reasons, her supervisor abruptly resigned and [REDACTED] again lost time, supervision hours and stability.

She then reapplied with her former supervisor, [REDACTED] who soon recognized [REDACTED] symptoms and recommended that she take a break and return when she had worked through her depression.

[REDACTED]

[REDACTED] sought services through [REDACTED]. The medication and treatment regimen was not well followed and that led to her seeking psychotherapy outside of the [REDACTED] system. Faced with financial and several additional stressors traveling back and forth to India and living with friends before ultimately getting her own apartment in January of this year.

Gradually, her symptoms began to improve and she restarted her internship with [REDACTED]. Despite these overwhelming circumstances, [REDACTED] managed to use her time to prepare for the EPPP and devise a plan for completing her licensing requirements.

After we began treatment, [REDACTED] began an improved medication regimen and is exhibiting further success with the established treatment plan. She attends weekly individual psychotherapy and a monthly support group.

[REDACTED] experienced an emotional and physical toll from these circumstances. Overcoming these circumstances gave her strength and determination that continues to grow at this time. I add my support for the Board of Psychology to consider her situation and grant her a six-month extension to complete her post-doctoral supervised professional experience hours.

I would be glad to provide any further information that you require. Feel free to call me should you have any questions.

Sincerely,

[REDACTED]

[REDACTED]

SP



[Redacted]

Licensed Clinical Psychologist, [Redacted] / Qualified Medical Examiner

[Redacted]

July 28, 2017

California Board of Psychology
1625 North Market Blvd., # N-215
Sacramento, CA 95834

To Whom It May Concern:

I am writing this letter on behalf of my former psychological assistant, [Redacted]. It is my understanding that the window of eligibility for her to accrue supervised professional experience (SPE) is closing. I would like to recommend an extension of this deadline based upon the following circumstance:

[Redacted] was hired by me as a postdoctoral, registered psychological assistant. Our mutual goal was to work together until she had complete the hours required for licensure. Due to unforeseen circumstances, I was forced to end [Redacted] postdoctoral assistantship prematurely. Because of health problems, I was unable to continue my work as her supervisor.

My hope in writing this letter is that [Redacted] is granted an extension, and therefore is able to continue to work towards obtaining her license as a Clinical Psychologist. Dr. [Redacted] has worked very hard to see this goal come to fruition and most certainly would be an asset to the profession.

Thank you for your timely assistance in this matter. Please let me know if you have additional questions.

Sincerely

[Redacted Signature]

[REDACTED]

[REDACTED]

[REDACTED]

August 29, 2017

To: Board of Psychology

Regarding: [REDACTED]

Dear Board Member,

[REDACTED] applied to the Board of Psychology to be a psychological assistant under my supervision in November 2016. Her application was approved late Dec 2016 or January 2017. She was unable to work for a period of time due to personal and medical concerns. Thus, she is applying for a 6 month extension until April 30, 2017 to complete her required supervised professional experience (i.e., post-doctoral hours for licensure).

I have known [REDACTED] for about 3 years when she came for an initial interview regarding a post-doctoral, psychological assistantship. She indicated that she was adjusting to a divorce and decided to move out-of-state to obtain her licensure hours. [REDACTED] contacted me in November 2016 to inquire whether I had any opening for Psychological Assistants. I re-interviewed her and decided to offer her the psychological assistantship. We submitted paperwork to the BOP. Once she was approved, she began to work under my supervision completing reports. However, it became obvious that [REDACTED] was struggling with Depression and Grief from the loss of her marriage. She requested, upon my advice, some time-off from clinical duties in order to address these issue. As a result of this break, [REDACTED] was unable to complete all of her hours by the deadline and is respectfully requesting an extension.

[REDACTED] has had significant extenuating circumstances in the last few years including, a divorce, unstable housing, frequent moves, and financial struggles. For the

last few years, [REDACTED] has been living with friends and relatives. In January 2017, [REDACTED] was able to get her own apartment, seek treatment for depression and resume working towards completing her hours for licensure. She sought services through [REDACTED] and private therapy which has helped alleviate some of her symptoms. In spite of her stressful life circumstances and changes in supervisors, [REDACTED] has continued to stay involved in the licensure process and used the time away from clinical services to prepare for EPPP. I whole-heartedly support [REDACTED] request for an extension.

Sincerely,

[REDACTED]

[REDACTED]