



Continuing Professional Development (CPD)

Troy Polk, CPD/Renewals Coordinator



Introductions

- Troy Polk– CPD/Renewals Coordinator
- Dr. Mary Harb Sheets– Board Member
- Jonathan Burke– Executive Officer
- Sandra Monterrubio– Assistant Executive Officer
- Cynthia Whitney – Central Services Manager
- Shelley Ganaway– Legal Counsel



CPD Credit

Attending this CPD Training provides you with CPD credit:

- 3 hours in Laws and Ethics
- Self-Directed Learning



CPD Requirements

- With the exception of 100% ABPP Board Certification, a licensee shall accrue hours 36 hours of CPD during each renewal period from at least two of the four CPD activity categories.
- Licensees must keep record of all CPD hours and activities.
- Licensees are not required to submit proof of completion at the time of renewal.
- If selected for CPD audit, the Board will request all CPD documentation to be submitted.



Noteworthy

- Licensees must retain their CE records for a minimum of four (4) years; the Board conducts random audits and, if selected, will contact the licensee for proof of completion.



Required Training

- 4 hours of training in Laws and Ethics as they apply to the practice of Psychology
- 4 hours of training in Cultural Diversity and/or Social Justice
 - **Cultural Diversity** pertains to differences in age, race, culture, ethnicity, nationality, immigration status, gender identity, sexual orientation, socioeconomic status, religion/spirituality, and physical ability.
 - **Social Justice** pertains to the historical, social, and political inequities in the treatment of people from non-dominant groups, while addressing the various injustices and different types of oppression that contribute to individual, family and community psychological concerns
- These requirements can be completed using any combination of CPD categories.
- The 8 hours are considered part of the 36-hour CPD requirement



CPD Categories

CPD Category #1 – Professional Activity

CPD Category #2 – Academic

CPD Category #3 – Sponsored Continuing Education

CPD Category #4 – Board Certification



CPD Learning Category #1 Professional Activity

- Peer Consultation
- Practice Outcome Monitoring (POM)
- Professional Services
- Conference/Convention Attendance
- Examination Functions
- Expert Review/Consultation
- Attendance at a California Board of Psychology Meeting



CPD Learning Category #1 – Professional Activity

Peer Consultation

- Engaging in structured and organized interaction, in person or electronically mediated, with professional colleagues designed to broaden professional knowledge and expertise, reduce professional isolation, and directly inform the work of the psychologist. CPD may only be obtained through individual or group case consultation, reading groups, or research groups. These activities must be focused on maintaining, developing, or increasing conceptual and applied competencies that are relevant to psychological practice, education, or science.



Maximum # of Hours Peer Consultation

- 1 hour minimum, if used
- 18 hours maximum
- Hours Credited by Activity
 - 1 hour of activity = 1 hour credited
- Record includes date(s), type of activity, and total number of hours



CPD Learning Category #1 – Professional Activity

Practice Outcome Monitoring (POM)

- The application of outcome assessment protocols with clients/patients, in order to monitor one's own practice process and outcomes, with the goal of assessing effectiveness. All outcome measures must be sensitive to cultural and diversity issues.



Maximum # of Hours Practice Outcome Monitoring

- 9 hours maximum
- Hours Credited by Activity
 - 1 patient/client of practice outcome monitoring = 1 hour credited
- Record includes date(s) of monitoring, client identifier, and how outcomes were measured



CPD Learning Category #1 – Professional Activity

Professional Services

- Ongoing participation in services related to the field of psychology, or other related disciplines, separate and apart from a fee-for-service arrangement, including the following: serving on psychological association boards or committees, editorial boards of peer reviewed journals related to psychology or other related disciplines, scientific grant review teams, and boards of regulatory bodies; program development; and evaluation activities.



Maximum # of Hours Professional Services

- 4.5 hours minimum, if used
- 12 hours maximum
- Hours Credited by Activity
 - 1 year = 9 hours hour credited
 - 6 months = 4.5 hours credited
- Record includes board or program name, role of licensee, dates of service, and term of service (six months or one year)



CPD Learning Category #1 – Professional Activity Conference/Convention Attendance

- Attendance at professional gatherings, either in person or via electronic means, that consists of multiple concurrent or sequential free-standing presentations related to the practice of psychology. CPD credit is in addition to completing sponsored CE coursework or sessions at the same conference/convention.



Maximum # of Hours Conference/Convention Attendance

- 6 hours maximum
- Hours Credited by Activity
 - 1 full conference day = 1 hour credited
- Record includes name of conference/convention attended, proof of registration, and date(s) of conference/convention attended



CPD Learning Category #1 – Professional Activity Examination Functions

- Serving in any function related to examination development for the Board or for the development of the Examination of Professional Practice in Psychology (EPPP).
- If interested in exam development, email the Licensing Unit at BOPLicensing@dca.ca.gov



Maximum # of Hours Examination Functions

- 12 hours maximum
- Hours Credited by Activity
 - 1 hour of service = 1 hour credited
 - Record includes name of exam, dates of service, and number of hours



CPD Learning Category #1 – Professional Activity

Expert Review/Consultation

- Serving in any expert capacity for the Board
- If interested in become a expert reviewer/consultant, email the Enforcement Unit at BOPEenforcement@dca.ca.gov



Maximum # of Hours Expert Review/Consultation

- 12 hours maximum
- Hours Credited by Activity
 - 1 hour of service in expert capacity = 1 hour credited
 - Record includes dates of service, and number of hours



CPD Learning Category #1 – Professional Activity
**Attendance at a California Board
of Psychology Meeting**

- Attendance, either in person or via electronic means, at a full Board or Committee meeting.
- For the list of Board and Committee Meetings, please visit https://psychology.ca.gov/about_us/meetings/index.shtml



Maximum # of Hours Attendance at a California Board of Psychology Meeting

- 8 hours maximum
- Hours Credited by Activity
 - 1 day of Board or Committee meeting = 6 hours credited
 - For Board or Committee meetings that are 3 hours or less, 1 hour of attendance = 1 hour credited
 - Certificates of Attendance are not provided.
 - Record includes date of meeting, name of meeting, and number of hours attended. For in person meetings, licensees must have signed in and out on an attendance sheet providing their first and last name, license number, time of arrival and time of departure from the meeting. For meetings held on WebEx, signing into the meeting is considered the sign in sheet.



Questions?

- Peer Consultation
- Practice Outcome Monitoring (POM)
- Professional Services
- Conference/Convention Attendance
- Examination Functions
- Expert Review/Consultation
- Attendance at a California Board of Psychology Meeting

Email: BOPCE@dca.ca.gov



CPD Learning Activity #2

Academic

- Academic Coursework
- Academic/Sponsor-Approved Continuing (CE) Instruction
- Supervision
- Publications
- Self-Directed Learning



CPD Learning Activity #2 - Academic Coursework

- Means completing and earning academic credit for a graduate-level course related to psychology from an institution whose degree meets the requirements of section 2914 of the Code.
- Coursework must be from a doctoral degree program, in accordance with [section 2914 of the Code](#).



Maximum # of Hours Academic Coursework

- 18 hours maximum
 - Each course counts only once for each renewal period
- Hours Credited by Activity
 - 1 semester unit course = 6 hours credited
 - 1 quarter unit course = 4.5 hours credited
- Record includes transcript with evidence of a passing grade (C or higher or “pass”)



CPD Learning Activity #2 - Academic Academic/Sponsor-Approved Continuing (CE) Instruction

- Academic Instruction means teaching a graduate-level course that is part of a degree program which degree meets the requirements of section 2914(b) of the Code. (B)
- Sponsor-Approved CE Instruction means teaching a sponsored CE course that relates to the practice of psychology as defined in section 1397.60.1(c)



Maximum # of Hours Academic/Sponsor-Approved Continuing (CE) Instruction

- 18 hours maximum
- Hours Credited by Activity
 - Academic Instruction
 - 1 quarter or semester academic course = 18 hours credited
 - Record includes course syllabus, title of course, name of institution, and dates of instruction
 - Sponsored-Approved CE Instruction
 - 1 hour of instruction = 1.5 hour credited
 - Record includes course syllabus, title of course, name of institution, and dates of instruction



CPD Learning Activity #2 - Academic Supervision

- Overseeing the professional experience of a trainee who is accruing hours toward licensure as a psychologist, marriage and family therapist, licensed clinical social worker, licensed professional clinical counselor, licensed educational psychologist, or physician and surgeon.
- Supervision of practicum students does not count for CPD credit as they are not accruing hours towards licensure during their practicum experience.



Maximum # of Hours Supervision

- 18 hours maximum
- Hours Credited by Activity
 - 1 hour of supervision = 1 hour credited
- Record includes dates of supervision and a trainee identifier and number of hours.



CPD Learning Activity #2 - Academic Publications

- Authoring or co-authoring peer-reviewed journal articles, book chapters, or books, or editing or co-editing a book, related to psychology or a related discipline.



Maximum # of Hours Publications

- 9 hours maximum
- Hours Credited by Activity
 - 1 publication = 9 hours credited
- Record includes either a letter of acceptance for publication, or proof of publication with publication date in the renewal period for which it is being submitted



CPD Learning Activity #2 - Academic Self-Directed Learning

- Independent educational activities focused on maintaining, developing, or increasing conceptual and applied competencies that are relevant to psychological practice, education, or science, such as reading peer-review journal articles or books, watching videos or webcasts, or listening to podcasts.



Maximum # of Hours Self-Directed Learning

- 6 hours maximum
- Hours Credited by Activity
 - 1 hour of activity = 1 hour credited
- Record includes date(s), medium (e.g. webinar), topic or title, and total number of hours



Questions?

- Academic Coursework
- Academic/Sponsor-Approved Continuing (CE) Instruction
- Supervision
- Publications
- Self-Directed Learning

Email: BOPCE@dca.ca.gov



CPD Learning Activity #3

Sponsored Continuing Education

- Includes any approved structured, sequenced learning activity, whether conducted in-person or online. Approved entities include:
 - American Psychological Association (APA)
 - California Psychological Association (CPA)
 - Association of Black Psychologists (ABPsi)
 - California Medical Association (CMA)
 - Accreditation Council for Continuing Medical Evaluation (ACCME)



Maximum # of Hours Sponsored Continuing Education

- 27 hours maximum
- Hours Credited by Activity
 - 1 hour of activity = 1 hour credited
 - CPD does not have a live requirement
- Record includes proof of attendance provided by the sponsor of the continuing education



Questions?

- Sponsored Continuing Education
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CPD Learning Activity #4

Board Certification

- The initial earning of a specialty certification in an area of psychology from the American Board of Professional Psychology (ABPP).
- ABPP Board Certification counts for 100% (36 hours) of required CPD in the renewal cycle in which the certification is awarded.
- "Senior Option" ABPP Board Certification counts for 50% (18 hours) of required CPD in the renewal cycle in which the certification is awarded.
- Record includes proof of specialty certification



Questions?

- Board Certification
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Email: BOPCE@dca.ca.gov



CPD Reporting Form

- Board provides a courtesy CPD Reporting form.
- https://www.psychology.ca.gov/forms_pubs/cpd-reporting-form.pdf
- Licensees may use their own CPD reporting form.



Example CPD Reporting Form



What if I am selected for an audit?

- 2% of the renewing population every month is randomly selected for an audit
- Initial Notification Letter
 - Request to submit copies of CPD documentation
- Given 60 days to respond
- Reminder is emailed at 30-days.



Audit Outcomes

- Three outcomes:
 - In compliance
 - Educational Letter
 - Citation and Fine



What is a Citation and Fine?

- An alternative method by which the Board can impose a sanction and take an enforcement action against a licensed or unlicensed individual who is found to be in violation of the Psychology Licensing Law.
- Two parts: an order of abatement and a fine



Can I contest the citation?

- Contest the Citation:
 - Informal Conference
 - Telephonically
 - In Person
 - Citation and Fine can be modified, withdrawn, or affirmed
 - Formal Hearing
 - It can take up to one year to hold a formal hearing



Does a citation affect my ability to practice?

- A citation is public for 5 years
- The citation fine must be paid to renew
- A citation does not affect the licensee's ability to practice



Questions?

- CPD Reporting
 - CPD Audits
 - Additional Questions
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Email: BOPCE@dca.ca.gov



Contact the Board

- BOPCE@dca.ca.gov

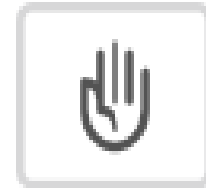
Attending this CPD Training provides you with CPD credit:

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Open for Public Comment

To make a public comment, please follow these steps:

1. Click the **Raise Hand** icon next to your name.



*If you called into the meeting and are an audio-only participant, you can **Raise Hand** by pressing *3.*

3. When prompted, click the **Unmute me** button.

